



COMITÉ
NOVIEMBRE
MES DE LA HERENCIA PUERTORRIQUEÑA
PUERTO RICAN HERITAGE MONTH

*4th Annual Puerto Rican
Artisans Fair & Exhibit
&
First Annual Health Fair*



SATURDAY, NOVEMBER 21, 2009
HOSTOS COMMUNITY COLLEGE



Salutes the artists participating in
Comité Noviembre's
4th Annual Artisans Fair & Exhibit
And
First Annual Health Fair

Comité Noviembre's
4th Annual
Puerto Rican Artisans
Fair & Exhibit
and
First Annual Health Fair

OPENING REMARKS

10:30AM - 10:45AM

Teresa A. Santiago, Chairperson, Comité Noveimbre
Luis Cordero, Co-Chair, CN Artisan Fair Committee
Taíno Ceremonial Blessing

WORKSHOPS

11:00AM - 12:00PM Workshops 1 and 2

- Taíno Storytelling by Bobby Gonzalez
- Vegigante mask making by Felipe Rangel

12:00PM - 1:00PM Workshops 3 and 4

- Health Workshop # 1
- Taíno Petroglyph Symbols by Elena Marrero

1:00PM - 2:00PM Workshops 5 and 6

- Health Workshop #2
- Taíno Spirituality by Jose Muñoz

4:00 - 5:00

- Historical Overview of Boricua Music by Jose L. Ortiz

MUSICAL ENTERTAINMENT

11AM - 5:00PM DJ Marco

2PM - 3:00PM Danza Fiesta: Baile y Teatro Puertorriqueño

3PM - 3:30PM Maria Isa

3:30 - 4:00PM Obanilu Allende's Bomba & Plena Ensemble





Dear Friends:

On behalf of Comité Noviembre, CN, I want to welcome you to the 4th Annual Artisans Fair and Exhibit and First Annual Health Fair. Twenty-three years ago, this volunteer non-profit organization was established to acknowledge the contributions Puerto Ricans have made to this nation.

CN is the collective effort of ten key Puerto Rican organizations: the Institute for the Puerto Rican/Hispanic Elderly, ASPIRA of New York, El Centro de Estudios Puertorriqueños, El Museo del Barrio, Hostos Community College, National Congress for Puerto Rican Rights- Justice Committee, the National Institute for Latino Policy, LatinoJustice PRLDEF, PROMESA and the Puerto Rico Federal Affairs Administration which plan and coordinate el mes de la herencia puertorriqueña.

For the past three years, CN has invited artisans from throughout the US and Puerto Rico to participate in this Fair. Today, CN has transformed, Hostos Community College into a typical Puerto Rican plaza with a fountain, palm trees, artists, sculptors, selling their crafts while musical and cultural acts entertained throughout the day. Additionally today, CN will conduct workshops for children and adults, like mask making and Taíno storytelling in order to make sure that our youth learn about our culture.

This year CN will also conduct its First Annual Health Fair that will run concurrently with its Artisan's Fair. The health component was added because of the great number of residents in our communities with chronic diseases such as diabetes, high blood pressure, heart disease and obesity. Since its inception in 2006, the Artisans Fair has boasted an attendance of over 5000 people thanks to you – the community. With this proven track record of attracting substantial community participation CN believes that we will be saving lives by adding this Health segment to the Fair.

An event like this takes many hours of planning and coordination, I want to thank the members of the committee that executed this great event, beginning with our leader the co-chair of the Artisans Fair committee Luis Cordero of Cemi Underground, Henry Cruz Co-Chair of the Health Fair, Wally Edgcombe of Hostos Center for the Arts and Culture. I want to especially thank the City University of New York for their vision and generous support of this important event, specifically, CUNY's Vice Chancellor for Budget Ernesto Malave. To all of the artesanos, workshop presenters, musical entertainment and companies that helped sponsor this event thank you for making this 4th Annual Fair & Exhibit and First Annual Health Fair a wonderful and successful event.

Enjoy the day and support our artesanos by kicking-off your holiday shopping season and purchasing unique Puerto Rican hand made gifts for that special person on your list, and at the same time kick-off the New Year healthy. Let's celebrate Puerto Rican Heritage Month and may our hearts swell with pride at the knowledge and privilege of being born Puerto Rican and that no matter where you live in this world de nuestras raíces nace un pueblo!

Que viva el mes de la herencia puertorriqueña

Teresa A. Santiago

Teresa A. Santiago
Chairperson

The Artisans

Ayala, Olga

Olga Ayala HandiCrafts
1285 Manor Road
Staten Island, NY 10314
(718) 709-6574
olgaamano2@aol.com
polymer clay sculptures and jewelry

Brull, Pedro

Paintings by Brull
4690 Boggy Creek Road
Kissimmee, FL 34744
(407) 957-5955
pedrobrull@ymail.com
paintings

Ayala, Carmen

Galeria Carmen Ayala
175 East 102nd Street, 3E
New York, NY 10029
(917) 573-9054
cararuka@yahoo.com
paintings

Cajigas, David

Cajigas Photo Gallery
568 Bristol St.
Brooklyn, NY 11232
(646) 932-1413
cajigasphotos@hotmail.com
photographs

Cordero, Luis

Cemi Underground/Galería Cemi
277 Bronx River Road, #6H
Yonkers, NY 10704
(914) 505-5482
info@cemiunderground.com
t-shirts & books

Cruz Febres, Mildred

Miluna Artisan Products
138 Livingston Avenue
Yonkers, NY 10705
(908) 499-8372
miluna@optonline.net
handmade jewelry

Cuevas, Nayda

71 Thorndike St.
Arlington, MA 02474
(407) 595-2700
missarty@yahoo.com
painter

Diaz, Amaury

350 E. Jackson St., Ste. 410
Orlando, Florida 32801
(407) 481-9515
prints on magnets

Garcia, Angel

ARG Percussion
1453 New Church Street
Rahway, NJ 07065
(732) 423-8866
filitocongas@verizon.net
wood percussion instruments

Garcia, Lourdes

BotaniCafe
10 Overlook Terrace, Ste. 1G
New York, NY 10033
(212) 568-5081
rkheal@aol.com
Herbal body products

The Artisans

Gonzalez, Jorge

Raices
2005 Lexington Avenue
Monroe, NC 28112
(714) 819-9874
elgonz8@yahoo.com
3 dimensional paintings

Hernandez, Sylvia

Brooklynquiltgirl
89 South 10th Street, 2nd Floor
Brooklyn, NY 11211
(347) 723-3916; (718) 486-8325
sylvia@brooklynquiltgirl.com
quilts

Lorenzo, Lillian

1637 8th Ave.
Brooklyn, NY 11215
(347) 451-0885
lilior@aol.com

Los Pleneros de la 21

1680 Lexington Avenue
New York, NY 10029
(212)427-5221
pleneros21@aol.com

Marrero, Aguilar

(347) 427-7088
aguilarwhywolf@aol.com
sculptures and paintings

Marrero, Elena

Photography by Mamarazzi
100 Casals pl #15C
Bronx, NY 10475
(347) 427-2248, (917) 374-9886
azucar48@optonline.net
photography

Nieves, Carlos

Taller Raices Latinas
354 Brock Ave.
Perth Amboy, NY 08861
(732) 318-4242
mazukamba2904@yahoo.com
woodcraft

Ortiz, Elizabeth

1686 Metropolitan Ave., 4F
Bronx, NY 10462
(917) 583-0097
eli614@gmail.com
Sculptures and jewelry

Pabon de Landron, Yvelisse

8 Joanne Drive
Ashland, MA 01721
(508) 881-1982
afrodollshop@yahoo.com
dollmaker

Ramirez Filomeno, Jacinto

Taller Mascaras de Higuera
St. Monica S28 Calle 14
Bayamón, PR 00959
(787) 344-5298
artesanía típica en higuera

Rangel, Felipe and Rebecca

Taller Imágenes-Taller Guatibiri
88-22 181 Street, #2
Hollis, NY 11423
(212) 927-7856
jfrangelf@yahoo.com
masks; jewelry; gourds

The Artisans

Ray, Evelyn

1594 Metropolitan Ave., Apt. #1-F
Bronx, NY 10462
(917) 325-7477
ermica50@yahoo.com
paintings, books, gift cards

Rivera, Freebbie

1563 Unionport Road, #5F
Bronx, NY 10462
(718) 614-2067; (718) 409-0462
freebbie@aol.com
Artesanía Tipica

Rivera "Tainoray" Ramon

Tainorays Caribbean
600 E26th Street, #2C
New York, NY 11210
(718) 909-6414
ta1no_12ay@yahoo.com
Silver jewelry, hats & candy

Rodriguez, Hiram

Painter
4404 6th Avenue
Brooklyn, NY 11220
(349) 423-1869
hirod5900@yahoo.com

Santiago, Jenny

Creative Jewelry
729 Burke Ave
Bronx, NY 10467
(917) 689-5017
mywhitewave@optonline.net
Creative Jewelry

Soto, Candy Warixi

950 Underhill Ave. #12B
Bronx, NY 10473
(718) 991-3004
shihan@rock.com
Taino babies by Warixi

Suazo, Juan Carlos

JCS Artesanías
565 W51st Street, 31E
New York, NY 10019
(212) 541-5586
jcsartesanias@aol.com
masks; jewelry

Velazquez, Elizabeth

12008 97th Avenue, #3D
Richmond Hill, NY
(845) 866-1849
velazquezart@yahoo.com

Vallejo, Francisco

Francisco Vallejo Art
815 East 152 Street
Bronx, NY 10455
(718) 402-4419
(646) 915-7803
vallejofco@yahoo.com
paintings; t-shirts; totebags

Health Providers

1199SEIU United Healthcare Workers East

310 W. 43rd St., 5th Floor,
New York, NY 10036
Carla Verdecias, *Executive Administrative Assistant To The President*
(212) 261-2461; (212) 956-5140 (Fax)
Carlav@1199.org

American Diabetes Association

333 Seventh Ave., 17th Floor, New York, NY 10001
Helene Velázquez, *Associate Director - Latino Initiatives*
(212) 725-4925 Ext. 3408,
(212) 725-8916
hvelazquez@diabetes.org
<http://diabetes.org>,
800-DIABETES (1-800-342-2383)

Better Living Now, Inc.

185 Oser Avenue, Hauppauge, New York 11788
Sue Mussenden,
(631) 348-0032 ext. 186;
(631) 348-7704 (Fax)
smussenden@betterlivingnow.com

IPRO Health Care Quality Improvement

1979 Marcus Ave.,
Lake Success, NY 11042
Janice Hidalgo, *Assistant Director*
JHidalgo@nyqio.sdps.org

Lincoln Medical and Mental Health Center

Maria Ramos, *Director of Outreach*
(718) 579-498;
(917) 653-5134

New York Blood Center

525 Executive Blvd.,
Elmsford, NY 10523

Glenda Cabral, *Diversity Outreach Coordinator*
(914) 784-4677 ext. 4603,
(914) 784-4638 (Fax)
gcabral@NYBloodCenter.org

New York Life Insurance Company

420 Lexington Ave. 15th floor or
120 Broadway 37th Floor,
New York City
Millie Gomez, *Senior Market Associate*
(646) 227-8177
mildred_gomez@newyorklife.com

Sanofi-Aventi US

Henry Cruz, *Community Health Liaison - Bronx Community Health Partnership*
Henry.Cruz@sanofi-aventis.com
(718) 637-7812, Cell;
(718) 228-4485 (fax)
www.communityhealthpartner.com

Senior Health Partners

345 East 102nd Street, Suite 201,
New York, New York 10029
Sandra Talavera, *LMSW, Director of Enrollment*
(212) 324-5553; (212) 360-1121 (Fax)
stalavera@shpny.org
www.shpny.org

St. Barnabas Hospital

Lynette M. Alvarado
Director of Language, Culture & Intergovernmental Affairs
(718) 960-9158; (718) 960-9275 (fax)
lalvarado@sbnhy.org

World Trade Center Medical Monitoring & Treatment Program, WTC MMTP

Reinaldo Pabon, *Outreach Coordinator*
reinaldo.pabon@mssm.edu

The Health Workshops



Many Latinos feel guilty spending time and money on personal health. They feel selfish putting their own health care ahead of their family's needs. The opposite should be true. The American Diabetes Association is here for your family, but we want to bring the message home that you should take care of your diabetes or prevent yourself from developing it, for your family's sake too. Your family needs you to be healthy and feeling your best, so that you can be there for them. That's why the new name for ADA's Latino Initiatives health campaign is *Por tu familia* -- or "for your family" in English.

Diabetes is an urgent health problem in the Latino community. Their rates of diabetes are almost double those of non-Latino whites. Getting information

to the community about the seriousness of diabetes, its risk factors and those who may be at risk, and ways to help manage the disease is essential.

Materials targeting the Latino community, available in English and Spanish, are an integral part of our outreach efforts to help improve the quality of life for Latinos with diabetes. From books to brochures, our publications will give you information on topics ranging from cooking with a Latin flair, to being more physically active, to maintaining a healthy weight.

To request your free copy of our *Latin Flavor in the Kitchen Recipe Sampler* and to receive a free guide on type 2 diabetes (request ADA Channel number 2), call 1-800-DIABETES (342-2383).

The Health Workshops

Bilingual representatives are available to take your call.

Community-based activities are another important part of Por tu familia. Through fun and informative workshops and activities, community mem-

bers can learn more about diabetes, the importance of making healthy food choices and being physically active on a regular basis.

Comite Noviembre & POR TU FAMILIA presents,

Power Over Diabetes

A culturally specific community session created for people in the Latino community with diabetes, those at risk for developing diabetes, and those wanting to learn more about diabetes management and prevention. This informative session will teach participants to know about the ABCs of diabetes management and will empower them to make a commitment to incorporate healthier habits into their daily routines.

Stay In Touch

A culturally specific community session created for people in the Latino community with diabetes, those at risk for developing diabetes, and those wanting to learn more about neuropathy. This informative session will teach participants to identify the symptoms of neuropathy and will encourage them to make a commitment to talk to their healthcare professional about preventing diabetes complications.

The American Diabetes Association is leading the fight against the deadly consequences of diabetes and fighting for those affected by diabetes. The Association funds research to prevent, cure and manage diabetes; delivers services to hundreds of communities; provides objective and credible information; and gives voice to those denied their rights because of diabetes. Founded in 1940, our mission is to prevent and cure diabetes and to improve the lives of all people affected by diabetes.

The Health Workshops

Jhack Sepulveda, RD, is a Community Nutritionist with over 5 years of diversified experience in developing, motivating and leading personnel to achieve organizational objectives through evidence based, lifestyle changing and health promoting approaches. His clients and employers include, the American Diabetes Association, Sanofis/Aventis/Community Health Partnership (CHP,)AIDS Center of Queens County (ACQC), Albert Einstein College of Medicine/ Hispanic Community Health Study/Study of Latinos, New York City Food Bank, and United Way. He is currently the Lead Nutritionist for the Hispanic Community Health Study/Study of Latinos New York City field center.

Christina Persaud, MPH, RD, CDE, Nutritionist & Diabetes Educator has worked in the South Bronx since early 2007 facilitating diabetes education to groups and individuals who are English and/or Spanish Speaking. Working in this community, it became apparent that low-literacy was a major barrier to learning. As result, she began to tailor messages and information to address the culture and low-literacy levels of her patients. Chrisina has consulted with many organizations like the Queens Museum of Art, and the American Diabetes Association. Being an educator is her passion, and she tries to find fun ways to do it!

The Cultural Workshops

Taíno and Other Native American Stories by Bobby Gonzalez

Take a journey through the lands of the Taíno, the Aztec, Maya and Aymara through stories that date back more than a thousand years. During this interactive program, Gonzalez brings The Skunk Who Fell in Love With the Moon, Matu the Manatee, and other indigenous tales to life with hand puppets and audience participation. Among the other legends to be performed include Yeyo the Coqui, Amapola and the Butterfly and the Brazilian myth of the Star Woman. This repertoire of timeless fables, are drawn from the cultures of Puerto Rico, Bolivia, the Dominican Republic and other countries from Central and South America and the Caribbean. Bobby will inspire your imagination and take you on a voyage of fun and danger.

Age level: *All ages*



Bobby González is a nationally known multicultural motivational speaker, storyteller and poet. Born and raised in raised in a South Bronx, he grew up in a bicultural environment. Bobby draws on his Native American (Taíno) and Latino (Puerto Rican) roots to offer a unique repertoire of discourses, readings and performances that celebrates his indigenous heritage. You can contact Bobby Gonzalez at www.bobbygonzalez.com

The Cultural Workshops



These highly recognized artisans will share their knowledge on Ponce's carnival, the Vejigante mask. Participants will learn the history and the techniques used for the construction of this mask. The presentation will also give information on the origin of Carnival, its roots from Europe and its linkage to the development of the

You may contact Felipe Rangel by sending him an email at: jfrangelf@yahoo.com or by telephone at: (347) 531-8271.

mask in Ponce, Puerto Rico. In addition, participants will have a chance to see costumes produced for the vejigante mask and distinguish these from other costumes used in other traditional celebrations in Puerto Rico.

Age level: *Adults*

The Cultural Workshops



Espiritualidad en el arte taino Por José Muñoz

A través del arte taino descubrimos (para algunos una inesperada) nueva imagen del taino. En esta conferencia el arqueólogo José Muñoz demostrará que entre los tainos había y aun hay grandes Maestros y esoteristas, conocedores de los grandes misterios del Universo al mismo nivel de los mayas, toltecas, incas y otras culturas alrededor del mundo.

José Muñoz is currently teaching at Boricua College. He can be reached at temploluz@hotmail.com

Age level: Adults

The Cultural Workshops



Taino Petroglyph Symbols by Elena Marrero

The children will learn about the Tainos native Americans, who they are, how they lived, the tools they used and how they made them. They will view photographs of La Piedra Escrita in Jayuya, PR and other petroglyphs followed by a group discussion on what we think some of the symbols represent. Replicas of the rock carvings will be available for a hands-on experience. They will then decorate clay pendants with Taino symbols and string beads to make a necklace to take home. A booklet will be distributed at the end of the workshop.

Age level: 4 and above

Elena Marrero is a retired New York City Public School Classroom/Art Teacher and photographer. Her student's art has been exhibited in NYC Galleries and on MTA buses in NYC. She is currently a freelance photographer documenting Puerto Rican/Latino culture. Elena self-published 4 photo documentary books.

You can contact Elena Marrero at (347) 427-2248, or (917) 374-9886 or by email at: azucar48@optonline.net

The Cultural Workshops



Overview of Boricua Music by José L. Ortiz

Overview of Puerto Rican music from Bomba, Plena to Jibaro “mountain music” and their influences on Puerto Rican culture and traditions.

Age level: Adults

Jose L. Ortiz, AKA Dr. Drum can be reached at (646) 938-3052; bombayony@yahoo.com

Story of the 3 Kings by Teresa Santiago

Children and families will be inspired by examples of graphic art and Santos de Palo celebrating the Fiesta de los Tres Reyes as it is observed in Puerto Rico. As a hands-on project, they will be making crowns from paper that can be worn or used as a holiday decoration.

Age level: This workshop is appropriate for children as

young as 3 if they have family assistance. There is no age limit, you're never too old to make a crown.



Entertainment

Danza Fiesta, Baile y Teatro Puertorriqueño



Danza Fiesta, Baile y Teatro Puertorriqueño is a Puerto Rican folk dance company based in the Bronx, New York. Danza Fiesta is part of the non-profit organization, Diversity in Arts and Nations for Cultural Education, Inc. (D.A.N.C.E., Inc.). Danza's mission is to use the worldwide language of dance to promote Puerto Rican folk dance as a medium to educate people in the United States on the historical aspect of Puerto Rican

culture, music and traditions. Danza Fiesta consists of 20 dancers that represent different generations united with the same goal; to preserve and promote the Puerto Rican heritage, traditions, and culture through dance and theater. Executive Director Hilda Rivera-Pantojas has over 30 years of experience in Puerto Rican folklore.

For more information contact Hilda Rivera-Pantojas at 917.459.3443.

Maria Isa

Born and raised in the Twin Cities to NuyoRican parents, emcee, singer, and songwriter Maria Isa is recognized for her dedication towards celebrating her cultural diversity through music and political activism. In 1992 she started her performing arts education at El Arco Iris Center for Arts, forming Raices in 2002 with other advanced students to conserve their ancestral Puerto Rican folklore music.

Following her nomination in 2006 for the Minnesota Music Award's "Best Hip-Hop Artist" category, Isa released her first independent album M.I. Split Personalities in May of 2007 and has been promoting her music in the Twin Cities, Puerto Rico and nationally.

Maria Isa is frequently featured on various radio stations such as hip-hop DJ and historian Davey D's

Booking and Contact

Elsa Vega-Perez
Executive Manager
 SotaRico Productions, LLC
 (651) 470-9850
 (212) 860-7452

www.sotarico.com
www.mariaisa.com
www.myspace.com/mariaisalolita
www.facebook.com/mariaisalolita
www.twitter.com/mariaisa



Breakdown FM, the Current, and Radio K. She has graced the cover of the local *Village Voice* affiliate *City Pages*, and garnered press in such publications as the *Pioneer Press*, *Star Tribune*, *Vita.MN* and *Minnesota Monthly*.

Obanilu Allende



Oabanilu is a master folklorist who hails from the talented region of Santurce, PR. He is the prodigal son of Nuyorican parents who are professional, world renowned percussionists. At the age of nine he left Puerto Rico for New York City with the aspirations of becoming a master percussionist.

At the tender age of 15, he joined the grammy nominated bomba and

Booking and Contact

Obanilu Allende
 (917) 628-0636

plena ensemble Los Pleneros de la 21. Four years later he became full time member and taught percussion at the group's weekly Children's Workshop.

In 2006 he created the group "Tambu Ire" known today as "Ilu Aye." In 2008, his plena ensemble "Pura Plena" made its debut at "Bomplenazo" held at Hostos Community College. The World Music Institute called his group "sensual to the ear and favorite soothing to the soul." Obanilu has performed with various groups and individual artists such as *Alma Moyo*, *Viento de Agua*, *Yerba Buena*, *Plena Adentro*, *Zon del Barrio*, *Pablo Vazquez*, *Tego Calderon*, *Miguel Zenon*, *Son de Batey*, *Los Hermanos Ayala*, *Los Hermanos Cepeda* and many more.

Today, he is the leading teaching artist of the Afro-Boricua traditional music and dance in US and Puerto Rico and is the director of the African Diaspora Fusion Ensemble "Siembra Maestra."

Celebrating Taino Life in Boriken

By Marta Morales

Comité Noviembre's 2009 trip to Puerto Rico coincided with the fifth annual *Jornada Indígena Taina de Jayuya* (Jayuya Indigenous Journey) where Tainos from everywhere gathered for daily ceremony; vibrant dances, artisan displays, vendors and timely talks on ancient and present day Taino culture.



Principal organizer, Margie Nogueras-Vidal with representatives of El Consejo General de Tainos Borincanos and the United Confederation of Taino People (UCTP).

The event was featured in major newspapers, attracting visitors from remote parts of the Island (and the US) to Jayuya, a central mountain town, known as la Capital Puertorriqueña de Artesanías Indígena. (The Puerto Rican Capital of Indigenous Crafts).

Various Taino groups led ceremonies, performed songs in the *batey* (ceremonial plaza) where folks engaged in traditional-style dances throughout the weekend. Impromptu talks, along with scheduled workshops in Taino art, Taino history and present day Taino culture were offered by leading scholars.

One popular presentation given by Juan Martínez Cruzado, a Geneticist at the University of Puerto Rico prompted folks to register for his follow up study on Taino evolution in Boriquen. Cruzado's well documented work chronicles this ancestral legacy through the female DNA line.

August 4th as "The day of the Puerto Rican Indian". Nogueras-Vidal went on to say that August, 2008, marked 500 years of Taino resistance on the island. This year and beyond, Tainos continue to affirm their existence and celebrate their legacy for the world to see.

For more information about Taino history (past & present) or Taino representation in United States, Puerto Rico, Santo Domingo and other Caribbean islands readers can visit the United Confederation of Taino People at <http://www.uctp.org>. For information on the Jayuya Artisan Cooperative see <http://cattacoop.web.prw.net/>

Melvin Gonzalez, from Esencia Tabonuco.



Taino family members pose after morning prayers.



*Let us take care of you!
¡Déjenos atenderles!*

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(718) 960-6430

Southern Medical Group

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Se habla español



Congratulations to
Comite Noviembre

As you celebrate your
Fourteenth Annual Benefit

Your support, hard work and unwavering dedication to the community have provided programs that enrich young minds and develop future leaders. We salute you!

From the staff and 350,000 members of
1199 SEIU United Healthcare Workers East.


George Gresham
President


Maria Castaneda
Secretary-Treasurer

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working to improve health is one of them.



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the **power** of green

We salute **Hostos Center for theArts and Culture** and congratulate **Comite Noviembre** on their 4th Annual Puerto Rican Artisan's Fair & Exhibit and First Annual Health Fair.



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COMITÉ NOVIEMBRE
mes de la herencia puertorriqueña
& ASPIRA OF NEW YORK

**15TH ANNUAL
DAY OF COMMUNITY SERVICE
AND SOCIAL RESPONSIBILITY**

SUNDAY, NOVEMBER 22, 2009
UPACA SENIOR CENTER/IPRHE - 1940 LEXINGTON AVENUE, NYC

11 AM TO 4 PM

FOOD DRIVE - NON-PERISHABLE FOODS

ITEMS NEEDED TO CREATE A TYPICAL PUERTO RICAN THANKSGIVING MEAL

- RICE
- GRAVY
- GANDULES
- STUFFING (BOX)
- CANNED HAM
- CANNED FRUITS
- BROWN SUGAR/MAPLE SYRUP
- (PINEAPPLES, PEACHES, FRUIT COCKTAIL)
- CLOVES
- CRACKERS
- CANNED SLICED PINEAPPLES
- COOKIES
- CANNED YAMS
- PERMALOT MILK
- CANNED VEGETABLES
- SODA
- (CORN, GREEN BEANS MIXED)
- COFFEE
- 5LB BAG OF POTATOES
- SUGAR
- MAYONNAISE
- MEDIUM/LARGE BASKETS
- CRANBERRY SAUCE
- NAPKINS

For the past thirteen years, Comité Noviembre has set aside the Sunday before Thanksgiving as a day of community service and social responsibility in commemoration of November 19th, traditionally known as Puerto Rican discovery day or as we like to call it Puerto Rican "encounter" day. The purpose of the day is to show the spirit of commitment and the power of action. Over the past years, this event has been a great success and organizations throughout the city have benefited from this collaboration, including homeless and battered women's shelters, and senior centers as well as individual families.

Community service and social responsibility are the strongholds of the Puerto Rican community. Throughout the years our experience has shown us that when we dedicate ourselves to improving the quality of life of those around us, we build a more unified and stronger society.

Live the Spirit of Commitment and the Power of Action. Come Join Us!

Volunteers needed before and after this date for food collection and distribution!

For more information please contact Hector Artiles at ASPIRA (212) 564-6880 or Teresa A. Santiago at (914) 263-6599 or Angel Santini at (212) 677-4181

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